



One Woman Man

Choreographe : Carina Slijters

Description : : 4 wall line dance / Niveau : Novice / 32 comptes

Musique : “One Woman Man” by Josh Turner / BPM : 142 (East Coast Swing)

Intro : Starts after 32 counts

Forward, Brushes, Shuffle Forward, Pivot ½ Left

1. RF Step forward
2. LF Brush forward
3. LF Brush crossed in front RF
4. LF Brush forward
5. LF Step forward
& RF Step next to LF
6. LF Step forward
7. RF Step forward
8. Pivot ½ Left

Forward, Brushes, Shuffle Forward, Pivot ½ Left

1. RF Step forward
2. LF Brush forward
3. LF Brush crossed in front RF
4. LF Brush forward
5. LF Step forward
& RF Step next to LF
6. LF Step forward
7. RF Step forward
8. Pivot ½ Left

Chasse Right, Rock Step, Chasse Left, Rock Step with ¼ Turn Right Back

1. RF Step to right
& LF Step next to RF
2. RF Step to right
3. LF Step backwards
4. RF Weight back
5. LF Step to left
& RF Step next to LF
6. LF Step to left
7. RF Make ¼ Right, step backwards
8. LF Weight back

Toe Struts, Rocking Chair

1. RF Touch toe forward
2. RF Slap heel down
3. LF Touch toe forward
4. LF Slap heel down
5. RF Step forward
6. LF Weight back
7. RF Step backwards
8. LF Weight back

One Woman Man (suite)

Start again

Ending:

The music fades away at the end of the song. Just start again (facing 12.00) = Last wall (9th wall) you're dancing:

Forward, Brushes, Shuffle Forward, Pivot ½ Left

1. RF Step forward
2. LF Brush forward
3. LF Brush crossed in front RF
4. LF Brush forward
5. LF Step forward
& RF Step next to LF
6. LF Step forward

Here the music fades away. Make the turn slowly.

7. RF Step forward
8. Pivot ½ Left

Wait until the beat starts again. Then you're dancing:

Forward, Brushes, Shuffle Forward, Pivot ½ Left

1. RF Step forward
2. LF Brush forward
3. LF Brush crossed in front RF
4. LF Brush forward
5. LF Step forward
& RF Step next to LF
6. LF Step forward
7. RF Step forward
8. Pivot ½ Left

Chasse Right, Rock Step, Chasse Left, Touch

1. RF Step to right
& LF Step next to RF
2. RF Step to right
3. LF Step backwards
4. RF Weight back
5. LF Step to left
& RF Step next to LF
6. LF Step to left
7. RF Touch next to LF

End of the dance